Produced by the Alabama Department of Public Health

The Alabama Department of Public Health is a partner of the Public Health Training Network

Diabetes and Complications For people who have diabetes

(Part 3 of a 3 Part Series)

Satellite Conference & Live Webcast

Tuesday, November 8, 2005 • 2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern Time) • 1:00-3:00 p.m. (Mountain Time) • 12:00-2:00 p.m. (Pacific Time)

iabetes Mellitus is a disease that can cause complications throughout the body. This session will explain the complications that most commonly occur, how you can recognize them at the earliest stages and how they can be treated. Early recognition leads to better outcomes. With good management of your diabetes, many of these complications can be delayed or avoided altogether.

Some of the complications of diabetes, like tingling in your feet or increased urination at night, are easy to notice. Other complications are not obvious, such as glaucoma and high blood pressure. It is a good approach to have a list of potential problems to talk about with your doctor when you have a doctor's appointment. This program will help you to know more about possible problems and complications and bring you news about the latest new developments in keeping diabetes under control.

Faculty:

Dennis Pillion, PhD University of Alabama at Birmingham School of Medicine

Dr. Pillion is the Director of Staff Education and Past Chairman of the Board of Directors for Alabama's Camp for Children with Diabetes; President of the American Diabetes Association; Birmingham Leadership Council; and Co-founder of the Diabetes Care Network of Alabama, which is a non-profit company in Birmingham, Alabama, involved in delivering diabetes education to employees in the workplace setting.

Conference Details:

Target Audience: Patients, family members and caregivers who live with and manage diabetes.

Registration: www.adph.org/alphtn

CEUs: None awarded for this program. Cost: There is no cost to view.

<u>Satellite Technical Information</u>: This program will be a live satellite broadcast on both Ku & C bands.

<u>Webcast Information</u>: Please register at www.adph.org/alphtn To view this live webcast, you will need RealPlayer or Windows Media Player. This program will also be available as an on-demand webcast beginning Thursday, November 10th.

Conference Materials: Posted on our website before the program.

Questions For Faculty: If you have questions that you want addressed during the conference, you may fax or email those questions and a response will be given during the program. Email: alphtnquestions@adph.state.al.us or Fax: 888-737-1972.

<u>General Questions</u>: If you have questions about any of these conference details, call 334-206-5618 or email alphtn@adph.state.al.us

To view a complete listing of all upcoming programs, visit our website: www.adph.org/alphtn

This program is sponsored by:

Vision Science Program, University of Alabama at Birmingham, Centers for Disease Control and Prevention, UAB Vision Science Research Center, Rural Alabama Diabetes and Glaucoma Initiative and the Alabama Department of Public Health

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